

## Meet Dianne Rizzo



Dianne is a skilled, dedicated coach with over 25 years of experience in healthcare, both as a practicing nurse clinician and, most recently, as the leader of a multidisciplinary team of hospice professionals. During her time at Hospice, she hired a leadership coach and was deeply impacted by their work together. From there, it was a natural transition to pursue accredited coach training, credentialing, and build a professional coaching practice.

As a coach, nursing professional, and now parent to a resident physician, she's ideally equipped and committed to supporting clients in areas such as transitioning to leadership roles, effective communication, work fulfillment, burnout prevention and recovery, managing mindsets, toxic stress, and living with grief.

Her coaching approach is proactive, strength-based, and suffused with warmth and gentle (perhaps a bit dark?) humor. She meets clients where they are, can quickly build trust, and creates a safe, judgment-free zone while holding clients accountable. Work and life can be *so hard (and...beautiful)* and you deserve support and care as you care for others.

### Credentials:

University of Vermont BS Nursing  
ICF Certified ACC Coach  
Lodestar TIPC™ Certified Coach  
Certified Executive Coach  
Certified Life Coach  
Certification Resilience Coaching  
Hogan Assessment Certified

Dianne and her long-time spouse are parents to three adult children and live in Central New York with elders and her good ole stinky dog, Lena. She loves being at the Lake, early morning coffee, skiing, and books. Still learning every day.

